



# Camp Bow-Isle

## Clothing and Equipment Packing List

(877) 943-2442      camp@bowisle.ca

### For all Campers:

- \_\_\_ Sturdy sport shoes, 1-2 pairs
- \_\_\_ Sandals
- \_\_\_ Socks, 7-14 pairs
- \_\_\_ Wool socks, 2 pairs (synthetic liners too)
- \_\_\_ Underwear, 7-14 pairs
- \_\_\_ Long pants, 2 pairs (jeans or sweatpants)
- \_\_\_ Shorts, 3-4 pairs
- \_\_\_ T-shirts, 6-8 (include 1 white one for decorating)
- \_\_\_ Long sleeved shirts, 2
- \_\_\_ Wool sweaters or fleece jackets, 2
- \_\_\_ Swimsuit
- \_\_\_ Windbreaker or light jacket
- \_\_\_ Raincoat or poncho
- \_\_\_ Warm hat (wool or fleece)
- \_\_\_ Lightweight warm gloves
- \_\_\_ Pajamas
- \_\_\_ Bible, Science & Health, Quarterly
- \_\_\_ Backpack (optional for Juniors)
- \_\_\_ Warm sleeping bag and pillow
- \_\_\_ Foam sleeping pad for overnight trip
- \_\_\_ Flashlight with extra batteries
- \_\_\_ Sunscreen
- \_\_\_ Sunglasses
- \_\_\_ Sun hat (baseball hats OK)
- \_\_\_ Waterbottles, 1-2 (one quart size)
- \_\_\_ Toothbrush
- \_\_\_ Toothpaste
- \_\_\_ Soap and shampoo
- \_\_\_ Hair brush or comb
- \_\_\_ Deodorant
- \_\_\_ Towel
- \_\_\_ Washcloth

### For Senior Campers:

- \_\_\_ Hiking boots (optional for Juniors)
- \_\_\_ Wool socks , 4 pairs minimum
- \_\_\_ Synthetic long underwear
- \_\_\_ Bandanas, 1 or 2
- \_\_\_ Windproof pants
- \_\_\_ Synthetic sock liners, 2 pair minimum
- \_\_\_ Gaiters

### Optional for all Campers:

- \_\_\_ Musical instrument
- \_\_\_ Camera
- \_\_\_ Small folding pocket knife
- \_\_\_ Insect repellent
- \_\_\_ Frisbee
- \_\_\_ Binoculars
- \_\_\_ Compass
- \_\_\_ Rain boots